

- S1.1 -Child Abuse and Neglect
- S1.2 -Fetal Alcohol/Drugs in Pregnancy
- S1.3 -Crystal Meth
- S1.4 -Unborn Addicts
- S1.5 -Miscarriage –Footprints on Hearts

- S2.1—Getting Started—Adoption
- S2.2—Sorting Out Why
- S2.3—What’s Important to Me
- S2.4—Will There Be Pain
- S2.—Coming To Terms

- S3.1—My Needs –Coming Up w/A Plan
- S3.2—A New Family
- S3.3—Planning For Birth
- S3.4—How To Say Good-Bye
- S3.5—Now What? How to Pick-up the Pieces

Practical Fatherhood

- PF1.1 –REAL Time
- PF1.2 –Role Models
- PF1.3 –Respect for Mothers
- PF1.4 –The Dad Difference #1
- PF1.5 –Being A Leader

- PF2.1 -SA Discipline Foundation
- PF2.2 –Discipline Guidelines
- PF2.3 –Situational Discipline
- PF2.4 –Being Consistent
- PF2.5 –The Dad Difference #2

- How To Really Love Your Child 1
- How To Really Love Your Child 2
- How To Really Love Your Child 3
- How To Really Love Your Child 4
- How To Really Love Your Child 5
- How To Really Love Your Child 6
- How To Really Love Your Child 7

What is Earn While You Learn?

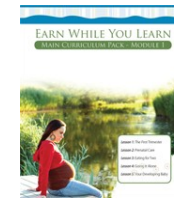
The Earn While You Learn program (EWYL) is designed to help you expand your knowledge of pregnancy and parenting issues. Classes take between 10 to 45 minutes and are scheduled around you as an individual.

To start Earn While You Learn, you make an appointment to meet with your counselor, one-on-one. If you keep that appointment you EARN \$5.00 of Boutique Bucks. Then you and your counselor go over that weeks lesson, which could be reading or watching a video and filling out a worksheet. For participating in the class you EARN \$10.00 of Boutique Bucks. Your counselor will then give you a homework sheet to take home and finish. If you return your completed homework sheet, you EARN another \$5.00 of Boutique Bucks. This makes each Earn While You Learn Class worth a total of \$20.00 Boutique Bucks.

You can then use you Boutique Bucks to shop in the Boutique or save it for a future purchase.

N.E.W. Family Life Services c.p.c
Help, Hope, Healing

**Earn While You Learn
Pregnancy and
Parenting Classes**



Phone: 509-684-9895
Cell Hotline: 509-690-1165
Email: newfamilyliveservices@yahoo.com
Web Site: www.familyliveservices.net
144 W. 5th Ave. Colville, WA. 99114

Available Earn While You Learn **Classes**

- 1.1—The First Trimester—30 min
- 1.2—Prenatal Care—10 min
- 1.3—Nutrition—15 min
- 1.4—Going It Alone—40 min
- 1.5—Your Developing Baby—10 min

- 2.1—Smoking—30 min
- 2.2—Ultrasound, Window to the Womb
- 2.3—What’s Safe, What Isn’t—10 min
- 2.4—Bonding With Your Unborn Baby
- 2.5—Your Changing Body—30 min

- 3.1—The Second Trimester—35 min
- 3.2—Understanding your baby’s cry
- 3.3—Unborn Baby’s Secret World
- 3.4—Reducing the Risk of SIDS—15
- 3.5—Understanding your baby’s cry

- 4.1—The Third Trimester—40 min
- 4.2—Getting Ready—25 min
- 4.3—Eye Contact Means Love—20
- 4.4—Infant Temperament—20 min
- 4.5—The Importance of Bonding—20

- 5.1—Infant Massage—50 min
- 5.2—Newborn Care—40 min
- 5.3—Bathing and Sleep
- 5.4—Caring For Yourself—30 min
- 5.5—The First Years Last Forever—30

- 6.1—Parent-Child Relationship-25 min
- 6.2—Safe From the Start—30 min
- 6.3—Parenting with Respect
- 6.4—Quality Child Care—40 min
- 6.5—Learning Through Play—30

- 7.1 -Emergent First Aid-Accidents 45
- 7.2 -Emergent First Aid-Illnesses—58
- 7.3—Car Seat Safety—30 min
- 7.4—Your Baby Can Sleep—40 min
- 7.5—Teaching Limits With Love—40

- 8.1—Food for Growth-Baby—15 min
- 8.2—Looking at Adoption—30
- 8.3—Your Baby’s Development—20
- 8.4—Preventing Child Sexual Abuse
- 8.5—Shaken Baby Syndrome—30 min

- 9.1—From Pregnant to Parent—40 min
- 9.2—Your Healthy Baby—30 min
- 9.3—Ready to Learn—30 min
- 9.4—Happiest Baby On The Block—40 min
- 9.5—Toilet Training—30 min

- 10.1 - Goals and Benefits of Breastfeeding
- 10.2 - Techniques and a Good Latch—30
- 10.3 - Getting Enough Milk—20 min
- 10.4 - Growth Spurts and Essentials—15
- 10.5 - Returning to Work—65 min

- 11.1—Introduction and Options—25 min
- 11.2—Interventions and Labor—20 min
- 11.3—Moving Through Labor—25 min
- 11.4—What to Expect—40 min
- 11.5—Infant Care—20 min

- 12.1—Introduction to Developmental Milestones
- 12.2—Newborn Milestones
- 12.3—Three to Six Month Milestones
- 12.4—Six to Nine Month Milestones
- 12.5—Twelve Month Milestones

- P1.1—Straight Thinking—20 min
- P1.2—1-2-3 Magic—25 min
- P1.3,a—Real World Application—25 min
- b—When There Is An Audience—25
- c—Variations & Getting Started—20
- P1.4—Testing and Manipulating—25 min
- P1.5—Counting in Action & Conclusion—20

- P2.1—Introduction and Review—15 min
- P2.2—7 Tactics for Good Behavior
- P2.3—Specific Applications—45 min
- P2.4—Family Meeting & 10 Strategies for Self-Esteem
- P2.5—Building Self-Esteem & the Payoff

- P3B.1—New Kid by Friday—Monday—40
- P3B.2—HANKBF—Tuesday—40 min
- P3B.3—HANKBF—Wednesday—40 min
- P3B.4—HANKBF—Thursday—40 min
- P3B.5—HANKBF—Friday—40 min

- P4.1—What Type of Parent Are You—35
- P4.2—Your Child’s Personality Type—30
- P4.3—Major Destroyer of Families
- P4.4—Providing Loving Support—45 min
- P4.5—Contracts—Setting Limits—40 min

- P5.1—Developing a Close-Knit Family-30
- P5.2—10 Ways to Motivate Your Child—45
- P5.3—Using the “SALT” Principle—25 min
- P5.4—The Seeds of Self-Esteem
- P5.5—Make Your Child Feel Special

- P6.1—Why Your Child Needs Discipline
- P6.2—Irresponsibility vs. Defiance—25
- P6.3—Anger vs. Action—20 min
- P6.4—Finding Balance in Discipline—20
- P6.5—To Spank or Not to Spank—25 min

- P7.1—Compliant vs. Defiant—30 min
- P7.2—Changing Discipline w/Time #1 -25
- P7.3—Changing Discipline w/Time #2 -25
- P7.4—Protecting the Spirit—35 min
- P7.5—The Ultimate Priority—35 min

- P8.1—Parenting w/an Eye to the Future
- P8.2—Eight Key Aspects of Character
- P8.3—Boundaries for Kids & Parents
- P8.4—Overcoming Obstacles- Boundary
- P8.5—What Will Happen If I Do This—20

- P9.1—Pulling My Own Wagon
- P9.2—Can’t Do It All, But I’m Not Helpless
- P9.3—I’m Not the Only One Who Matters
- P9.4—Life Beyond “Because I’m the Mom”
- P9.5—Pain Can Be a Gift

- P10.1 -Tantrums Needn’t Be Forever
- P10.2- Be Happier, Be Thankful
- P10.3- Jump-Starting My Engine
- P10.4- Honesty Is the Best Policy
- P10.5- Roll Up Your Sleeves

- T1.1 -9 to 12 Months -Big Changes
- T1.2 -12 to 15 Months- Growing up
- T1.3 -15 to 18 Months- Little Personality
- T1.4 -18 to 24 Months- Independence
- T1.5 -24 to 36 Months- Big Kid

- T2.1 -Life With Toddler
- T2.2 -Temper Tantrums
- T2.3 -Competing for Attention
- T2.4 -More Toddler Nutrition

- T3.1 -The Terrible Twos
- T3.2 -The Happiest Toddler
- T3.3 -Bedtime Struggles
- T3.4 -A Sleepy Solution
- T3.5 -Not Listening